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<u>Debra daVaughn</u> invites you to attend her annual Recital, given by her music students, in the Sanctuary at St. Mark's on the afternoon of Saturday, June 22, starting at: 3pm.

<u>Baby Shower</u> - Everyone is welcome to join us in celebrating Maria and Svea. There will be a baby shower following the 10am service on Sunday, June 30. Please bring a small plate of something to share for lunch. See Lauren MacPherson or Heather Higginson if you have any questions.

<u>Flowers for the Altar</u> are given today by Doris MacKellar and family in remembrance of husband, father and grandfather "Bob" MacKellar.

Bible Readings for June 23

1 Kings 19:1-15a, Psalms 42 and 43 Galatians 3:23-29. Luke 8:26-39

The Lunch Basket For Hungry Children is

provided this week by Jef and Shannon Poulsen to the Glory of God and in thanksgiving for the joyous lives of Olivia May and Roman Poul, grandchildren of Shannon and Jef.

For The Taking Two 4-drawer file cabinets FREE. One is letter size, and one is legal size. They are located outside the Christian Education Centre, so the first one to come gets them. Please speak to Barb Walks bdwalks@gmail.com or Mari Anne Hussen. Otherwise they will go to metal recycling.

<u>Contact for the Prayer Chain</u> – The Coordinator for the Prayer Chain for the months of June, July and August is Michael Weller. You may send your request to him at <u>weller301@shaw.ca</u> or telephone him at 604.538.9334

Adult Sunday School series "Together Deeper in His Word" Sundays until June 23. We meet in the education room from 9:05am to 9:45am. This season, we will study the Acts of the Apostles in celebration of the Early Church and the Great Commission. Please contact Ben at benjibert@gmail.com

"PARISH PULSE" NEWSLETTER OF ST. MARK OCEAN PARK SUNDAY, JUNE 16, 2019

<u>Mary Bridger</u> passed away on June 12. Her Memorial Service is taking place on Thursday, June 20 at 2pm in the Sanctuary at St. Mark's. A reception will follow in the Church Hall.

Volunteers Needed for Summer Sunday School

We are looking for volunteer teachers and teacher's assistants for Summer Sunday School, June 30 to September 1. Teachers are responsible for leading prayer, presenting a Bible lesson, and helping the children with a craft or activity. Teacher's assistants are responsible for assisting the teacher with their duties. If you are interested in either of these positions, please email Kate Herron at herronkate98@gmail.com. Thank you!

<u>Seasonal Pause in Sunday Contemplative</u> <u>Evening Prayer Gatherings</u>

May marks the beginning of a seasonal pause in Sunday Contemplative Evening Prayer gatherings at St. Mark's. There will be no gatherings from May through August this year.

We invite you to consider taking in some of the Contemplative Prayer offerings across the Fraser Valley over the coming months. The Centre for Spiritual Renewal at St. Dunstan's Anglican Church in Aldergrove has a lovely array of offerings to inspire, give rest and provide community with likeminded pilgrims:

July 21st-27th: Celtic Spirituality Retreat at Sorrento Centre

October 11th: Cultivating a Rule of Life at

Westminster Abbey

November 9th: Centering Prayer Program Consult their website at: www.st-dunstans.ca for more information.

The World Community for Christian Meditation is offering their International John Main Silent Retreat on August 5th-8th and Seminar on August 8th-11th at Quest University in Squamish.

See wccm.org for further information.

Wishing you all a blessed summer, Janet and Sandra

QUICK LOOK AHEAD

Tues. June 18 – 9-11am Gardens & Grounds work party

Tues. June 18 - Ladies Guild Meeting

Wed. June 19 – Seniors Get-Together

Tues. June 25 – 9-11am Gardens & Grounds work party

Tue. June 25 - 7 pm Parish Council

Tues. July 9 – 9-11am Gardens & Grounds work party

Tues. July 9 – 6 pm Men's Club BBQ/Courtyard;

members & guests only

Wed. Aug. 14 – 4:30pm set up for VBS

Mon. Aug. 19 – Fri. Aug. 23 – Vacation Bible School "The Mane Event", 9am to noon

Sun. Sept. 8 – 10am Archbishop Melissa Skelton's Visit

Sat. Sept. 14 – 5:30pm Salmon BBQ

Sun. Sept. 22 – 7pm – Taize Service

Sat. Sept. 28 - Diocesan Anti-Racism Policy Training

Library News



Missing In Action

A Glimpse of Jesus by Brennan Manning has gone "walk-about"! That's right...it has left the shelf without a trace. This book has been requested by one of our members and when we went to find it there was an empty hole on the shelf. The card was not filled out and turned in so we have no idea where the book has gone. If you have seen this book please direct it back to the library. Sometimes when a book goes on walk-about it gets lost and has trouble finding its way back to the Library, so please take pity on it and help it get back home to all its friends.

Volunteers Needed for Vacation Bible School

Let the good times roar! Join us Monday, August 19 to Friday, August 23 for Roar VBS. We are still in need of volunteers for the following positions: Senior Crew Leader (18+), Junior Crew Leader (13-17), Wild Bible Adventures Assistant, Stampede Sports Assistant, Snack Maker/Server, Dishwasher, Set-Up Helper (set-up to take place on August 14 in the afternoon).

If you are interested in volunteering for any of these positions, please email either Laurie Stephenson at lawren85@gmail.com or Kate Herron at herronkate98@gmail.com. Please note that the number of volunteers we have determines the number of children we can accept. Also, please do

not hesitate to volunteer if you cannot attend all of VBS. Thanks!

Syrian Family Sponsorship Project

They Arrive Friday, July 5, 2019. This long awaited event is happening!

The Syrian Refugee Project has coordinators for Furnishings and Kitchenware and all the other things our Khaldoun Family will need to start their new life in Canada.

Collections for household furnishings is going extremely well. We still need only the following few items:

- 3 student desks and chairs
- Towels bath and hand sizes
- Bedding for queen and twin beds; including blankets
- Lampshades for bedside lamps
- First-aid kit
- Broom/dustpan

Please email Isabel Chernoff if you can help with any of these items: isabelchernoff@telus.net
Thanks everyone for your continued generosity.

Former Parishioner Joan George – who moved to Ontario in 2004, has passed away (June 8). Her daughters contacted St. Mark's to let us know of her passing. She and her husband Ron George donated St. Mark's stained glass window. Joan served the church as an ACW and Altar Guild member.

Upcoming Events

Tuesday, June 18

9-11am – Gardens & Grounds Work Party 2pm – Ladies Guild – Family Room

Wednesday, June 19

9am - Yoga - Education Centre

10am - Service - Sanctuary

1pm – Seniors Get-Together – Hall & Family Room

7:30pm - Choir Practice - Sanctuary

Thursday, June 20

2pm – Memorial Service for Mary Bridger – Sanctuary

3pm - Reception for Mary Bridger - Hall

Friday, June 21

9am - Exercise - Hall

Saturday, June 22

3pm - Afternoon Recital with Debra DaVaughn and her students in the Sanctuary